

# Time Management

*Are You Tired Of Juggling Elephants? It's Time To Start Running YOUR Circus!*

The struggle of “too much to do” looks very different now than it did before the pandemic, doesn't it? Before the pandemic it was about making a list of 37 things each morning and hoping you didn't run out of day before you got them all done. Now you're not even sure what *should* be on that list. Are the expectations you have for yourself weighing you down mentally and emotionally? This whole season of life can cause you to feel like you're juggling elephants... and that's not good for you or those around you. What to do? Today's speaker says the solution lies in running off and joining the circus... at least mentally.

In today's session packed with practical ideas, expect to:

- Discover some of the root causes of your “elephants” and what's within your ability to control
- Create a concrete plan to better manage your professional workload and personal responsibilities
- Develop a process to be more strategic in your daily activities instead of always being held hostage by the urgent
- Identify steps you can take to better maintain your physical, mental, and emotional energy so you can stay focused on what's most important

## Are You A Bankrupt Leader?

As you finish your daily work in your leadership or management role do you routinely find yourself saying, “I was so busy all day, but I don't think my team accomplished anything of value? Do you feel like you spend way too much time addressing urgent problems instead of investing those moments in more important activities? And is the lack of attention you are giving to certain team members causing them to become less of an asset and more of a liability? If so, maybe it's time you became more accountable for your leadership success.

In this powerfully practical training program you'll learn everything from how to budget your day for a better return to the most valuable investments you need to make in yourself and your team members. Most importantly, you will leave with a mental framework to lead your team to better results.

### Key Areas Of Focus

- Understand how your personality style affects how you lead and how you use your time
- How to design more days where you are creating long term assets instead of just addressing your liabilities
- Learn how to identify the “currency” of your team members and improve their motivation
- Using the right reconciling (i.e. problem-solving) approach when your team isn't working well together